Hesperian Foundation and the contributors to *A Health Handbook for Women with Disabilities* do not assume liability for the use of information it contains. If you are not sure what to do about a problem, get advice and help from people with more experience or from local medical or health authorities.

This book provides basic information to help women with disabilities stay healthy, and will also help those who assist women with disabilities to provide good care. You can help us improve this health guide. So, if you are a woman with a disability, a caregiver, or anyone with ideas or suggestions about how to improve this book and the health of women with disabilities, please write to us. We would like to hear about your experiences and practices.

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CREDITS

Art coordination:
Jane Maxwell

Community review coordination:
Jane Maxwell and Sarah Constantine

Project support:
Soo Jung Choi, Michelle Funkhauser, Tawnia Queen, Heather Rickard, Karen Wu

Design and production:
Jacob Goolkasian, Shu Ping Guan, Christine Sienkiewicz, Sarah Wallis

Cover design:
Iñaki Fernández de Retana, Jacob Goolkasian, Sarah Wallis

Additional writing:
Pam Fadem, Judith Rogers, Edith Friedman

Copy editing:
Kathleen Vickery, Todd Jailer

Indexing:
Victoria Baker

Proofreading:
Sunah Cherwin

Medical review:
Lynne Coen, Suzy Kim, Melissa Smith, Susan Sykes, Sandra Welner

Editorial management:
Darlena David

Editorial oversight:
Sarah Shannon

Production management:
Todd Jailer

Artists:
Namrata Bali, Sara Boore, Heidi Broner, May Florence Cadiente, Barbara Carter, Gil Corral, Regina Faul-Doyle, Sandy Frank, Shu Ping Guan, Jesse Hamm, Haris Ichwan, Anna Kallis, Delphine Kenze, Joyce Knezevitch, Sacha Maxwell, Naoko Miyamoto, Lori Nadaskay, Mabel Negrete, Gabriela Nuñez, Connie Panzarini, Kate Peatman, Petra Röhr-Rouendaal, Carolyn Shapiro, Ryan Sweere, Sarah Wallis, Lihua Wang, David Werner, Mary Ann Zapalac

Cover photo locations and photographers (left to right, counter-clockwise):
Uganda, Jan Sing
World Bank/Cambodia, Masaru Goto
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India, Amy Sherts
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Women with disabilities may need specialty care to address their individual needs. In addition, they need the same general health care as women without disabilities, and they may also need additional care to address their specific needs. However, research has shown that many women with disabilities may not receive regular health screenings within recommended guidelines. This section of our website has tools and health information for women with disabilities. Breast Cancer Screening: The Right To Know. Breast cancer is a major public health concern for all women, including women with disabili...