Brave Are My People: Indian Heroes Not Forgotten

Frank Waters

A hero that can only emerge when we find the courage to peel away the layers of insecurity that keep it hidden. That requires a great commitment to self and much hard work. Being a hero is less about physique and mental aptitude and more about emotional strength. Because Fear is an emotion and when we know how to control that emotion to serve us positively, the hero within is set free to emerge. Being a hero is not about being fearless. Being a hero is about feeling the fear, understanding how to harness its power and unleash it on what or whom ever is threatening your wellbeing. That’s the C People also love these ideas.

SSBCrack on Instagram: Flying Officer Nirmal Jit Singh Sekhon, PVC (17 July 1943 – 14 December 1971) #indianairforce.

A tribute to one of the most distinguished soldier of the Indian Army, General K.S. Thimayya. A General Thimayya is not born in every generation. The like of him will seldom be - a soldier, a general, a man’s man; the Army his soul, his soul, the Army.


Among these forgotten heroes who dared death at the face of annihilation was Subedar Joginder Singh, who halted and repulsed the mighty dragon, Baru Sahib. Did You Know? A FREE 9-page ESL Lesson Listening plan on Heroes. A graded article, two online quizzes, a printable worksheet and a 60-second mp3 listening on this topic.

Try the online quiz, reading, listening, and activities on grammar, spelling and vocabulary for this lesson on Heroes. Click on the links above or see the activities below this article: Your browser does not support this audio player.

READ. I don’t really have a hero. There are many people I respect, but they are not really my hero. Some people choose very strange heroes. My friends have rock stars and football players as heroes. Of course, these people are very good at what they do, but they’re not really heroes. They get lots of money for doing what they love.
Incredibly brave souls who do things because it just seems like the right thing to do. People in the military, the police and firefighters—while some do get a bit of recognition, there are many others that don’t and a true hero never asks for glory. It bears repeating that the tragedy of Sandy Hook Elementary should never be forgotten. On December 14, 2012, 26 people—20 students and 6 adult staff members—were shot and killed at Sandy Hook in Newtown, CT. All over the world many people celebrate their love of The Beatles by attending Beatlefest. Beatlefest attendees watch films, meet celebrities associated with the Fab Four, buy Beatle merchandise and participate in playing music by the lads from Liverpool.

BRAVE ARE MY PEOPLE: INDIAN HEROES NOT FORGOTTEN By Frank Waters. Clear Light Publishers 189 pp., $24.95. NEARLY a quarter of a century has passed since Dee Brown’s “Bury My Heart at Wounded Knee” (1970) set off a publishing avalanche of books about American Indians. Earlier works, often of dubious distinction, were refurbished with fresh dust jackets and contemporary forewords to vie with new writings for the attention and dollars of a mostly non-Indian readership. As a result of 1960s and 1970s demonstrations of red power at Alcatraz (1969) and Wounded Knee (1973), some reader