The Forager's Harvest: A Guide To Identifying, Harvesting, And Preparing Edible Wild Plants

Samuel Thayer

Drawing upon a lifetime of experience with edible wild plants, Samuel Thayer shares his in-depth knowledge of foraging with authority, enthusiasm, and humor. The Forager’s Harvest: A Guide to Identifying, Harvesting, and Preparing Wild Plants (2010). Publication date. 2010. With over three hours of video instruction, The Forager’s Harvest is an invaluable resource for wild plant enthusiasts of all experience levels. Disc 1: Basswood. A practical guide to all aspects of edible wild plants: finding and identifying them, their seasons of harvest, and their methods of collection and preparation. Each plant is discussed in great detail and accompanied by excellent color photographs. Includes an index, illustrated glossary, bibliography, and harvest calendar. The perfect guide for all experience levels. A guide to 32 of the best and most common edible wild plants in North America, with detailed information on how to identify them, where they are found, how and when they are harvested, which parts are used, how they are prepared,