

# Applying the Science of Learning

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Richard E. Mayer

*University of California, Santa Barbara*

PEARSON

Boston Columbus Indianapolis New York San Francisco Upper Saddle River  
Amsterdam Cape Town Dubai London Madrid Milan Munich Paris Montreal Toronto  
Delhi Mexico City Sao Paulo Sydney Hong Kong Seoul Singapore Taipei Tokyo

# CONTENTS



Preface vii

## INTRODUCTION 1

|                                                                                                          |    |
|----------------------------------------------------------------------------------------------------------|----|
| The Big Three: Learning, Instruction, and Assessment                                                     | 2  |
| Rationale for Applying the Science of Learning                                                           | 4  |
| What Is Applying the Science of Learning?                                                                | 6  |
| Historical Overview of the Relation between the Science of Learning and the Science of Instruction       | 8  |
| Viewing the Relation between the Science of Learning and the Science of Instruction as Overlapping Goals | 10 |
| <i>References and Suggested Readings</i>                                                                 | 12 |

## Section 1 HOW LEARNING WORKS 13

|                                                                            |    |
|----------------------------------------------------------------------------|----|
| What Is Learning?                                                          | 14 |
| What Changes: Behavior or Knowledge?                                       | 16 |
| What Is the Science of Learning?                                           | 18 |
| A Look at Transfer                                                         | 20 |
| How Learning Works: Three Metaphors of Learning                            | 22 |
| A Closer Look at Response Strengthening: Thorndike's Law of Effect         | 24 |
| A Closer Look at Information Acquisition: Ebbinghaus' Learning Curve       | 26 |
| A Closer Look at Knowledge Construction: Bartlett's Assimilation to Schema | 28 |
| How Learning Works: Three Principles from the Learning Sciences            | 30 |
| A Closer Look at Dual Channels: Paivio's Concreteness Effect               | 31 |
| A Closer Look at Limited Capacity: Miller's Magic Number 7                 | 32 |
| A Closer Look at Active Processing: Wittrock's Generative Processes        | 33 |
| How Learning Works: A Cognitive Model of Learning                          | 34 |
| Three Memory Stores in Meaningful Learning                                 | 36 |
| Three Cognitive Processes in Meaningful Learning                           | 37 |
| The Mighty Ms: Motivation and Metacognition                                | 38 |
| Motivation to Learn                                                        | 39 |
| How Motivation Works                                                       | 40 |
| Metacognition in Learning                                                  | 42 |
| Learning in Subject Areas                                                  | 44 |
| Eight Things We Know about Learning from Word Lists                        | 46 |
| <i>References and Suggested Readings</i>                                   | 48 |

## Section 2 HOW INSTRUCTION WORKS 51

|                                                     |    |
|-----------------------------------------------------|----|
| What Is Instruction?                                | 52 |
| What Is the Science of Instruction?                 | 54 |
| What Is an Instructional Objective?                 | 56 |
| Three Levels of Instructional Objectives            | 58 |
| Five Kinds of Knowledge in Instructional Objectives | 60 |

|                                                                             |    |
|-----------------------------------------------------------------------------|----|
| Six Kinds of Cognitive Processes in Instructional Objectives                | 61 |
| How Instruction Works: Three Demands on Cognitive Capacity                  | 62 |
| How Instruction Works: Three Instructional Scenarios                        | 64 |
| Twelve Instructional Design Principles for Lesson Learning                  | 66 |
| Evidence-Based Instructional Principles for Reducing Extraneous Processing  | 66 |
| Evidence-Based Instructional Principles for Managing Essential Processing   | 68 |
| Evidence-Based Instructional Principles for Fostering Generative Processing | 70 |
| Eight Instructional Design Principles for Effective Studying                | 72 |
| Evidence-Based Principles for Studying by Practicing                        | 72 |
| Evidence-Based Principles for Studying by Generating                        | 74 |
| How to Guide Cognitive Processes during Learning                            | 76 |
| Instructional Techniques for Selecting                                      | 76 |
| Instructional Techniques for Organizing                                     | 78 |
| Instructional Techniques for Integrating                                    | 80 |
| Three Popular but Questionable Principles                                   | 82 |
| A Closer Look at Active Teaching and Learning                               | 86 |
| <i>References and Suggested Readings</i>                                    | 88 |

### Section 3 HOW ASSESSMENT WORKS 91

|                                                                                        |     |
|----------------------------------------------------------------------------------------|-----|
| What Is Assessment?                                                                    | 93  |
| What Is the Science of Assessment?                                                     | 94  |
| Three Functions of Assessments                                                         | 95  |
| How to Construct a Useful Assessment Instrument                                        | 96  |
| What Is Research on Instructional Effects?                                             | 98  |
| What Works? Using Randomized Controlled Experiments                                    | 100 |
| When Does It Work? Using Factorial Experiments                                         | 102 |
| How Does It Work? Using Observational Analysis                                         | 103 |
| A Closer Look at Experiments                                                           | 104 |
| Using Effect Size to Assess Instructional Effects                                      | 104 |
| Six Reasons for No Difference between the Treatment and Control Groups                 | 106 |
| How to Assess Learning Outcomes                                                        | 108 |
| Two Ways to Measure Learning Outcomes                                                  | 108 |
| Three Kinds of Learning Outcomes                                                       | 110 |
| A Closer Look at Meaningful versus Rote Learning: Wertheimer's Parallelogram Lesson    | 112 |
| A Closer Look at Assessment of Learning Outcomes: How Much or What Kind?               | 114 |
| Broadening the Domain of Assessment                                                    | 116 |
| A Closer Look at Broadening the Domain of Assessment: Attribute Treatment Interactions | 118 |
| Attribute Treatment Interactions Involving Prior Knowledge                             | 120 |
| What Can Go Wrong with Assessments?                                                    | 122 |
| <i>References and Suggested Readings</i>                                               | 124 |

### EPILOGUE 127

Glossary and Subject Index 129

Author Index 134

This was the underlying theme when a select group of high-powered researchers and academics met at a conference on "Applying the Science of Learning" (ASL) at the Kellogg West conference facility outside of Los Angeles earlier this Spring. Co-chairs Diane Halpern and Milton D. Hakele led the group through a series of discussions to examine gaps in research related to learning, barriers to change in educational institutions and practices, and strategies for implementing new approaches to education based on scientific evidence about the cognitive, individual, social and environmental factors that Learn online and earn valuable credentials from top universities like Yale, Michigan, Stanford, and leading companies like Google and IBM. ... Well, welcome everybody to The Science of Well-being: What psychological science says about the good life. I'm going to kind of give a quick introduction to the stuff about the course, and then we'll get to our particular topic of today. But, I kind of wanted to start because this is a bit of a strange adventure. I'm here sitting with about 25 of my students, most of these students are in Silliman College, one of the residential colleges here at Yale, but a couple of students who snuck in from other colleges. But we welcome you anyway. And I thought it's cool to welcome you