

# The Book Of One The Spiritual Path Of Advaita

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The Book of One is framed by an exceptional Table of Contents, valuable Appendixes, and an index. The Table of Contents itself serves as an excellent introduction to the book and shows how carefully the author constructed this work. As well, there are numerous pages of recommended Websites. Along with Waite's newer title, Back to the Truth, this book belongs on a shelf along with the best Advaita books of our time. Jerry Katz Venemarr The Book of One is a sweeping, fresh overview of consciousness subjects shaping the path of Advaita Vedanta. Topics are handled with confidence, and their m The last time I read a book like this I felt derailed from my spiritual path and not in a good way. In fact, a train literally derailed itself right behind my workplace after reading a similar book talking about how there's nothing you can do to become enlightened. I took that as a sign ignore such teachings for now.Â Advaita uncompromisingly reveals the illusory nature of any perceived or believed division between self and other, self and life, self and reality, self and God. If you feel that you truly get it, you might also feel that your spiritual quest is complete. 249 views Â· View 6 Upvoters. Related QuestionsMore Answers Below. What should I start reading to know more about the truth and to understand what is Brahman, Gita, Vedas, or any other books or simply meditate

A Guide to Spiritual Life – Spiritual Teachings of Swami Brahmananda by The Advaita Ashrama, Mayavati Level: Beginner FREE Download | Buy Book from Advaita Ashrama e-store Swami Brahmananda was one of the 16 monastic disciples of Sri Ramakrishna. Affectionately called as "Maharaj" by others, he was a divine soul, who had attained to the highest state of spiritual realization (Nirvikalpa Samadhi, or complete union with God), just as his brother disciple, Swami Vivekananda had done. One fascinating fact about Swami Brahmananda was that Sri Ramakrishna had revealed him to have been a playmate of A brilliantly written book, introduces all the key concepts of Advaita from a traditional Indian perspective. But Dennis is open enough to present all the teaching styles of Advaita teachers in his book - this makes for a great overview. However, the latter half of the book may be a tough read for an absolute beginner in Advaita. Dennis Waite's Book of One is an invaluable find and I would highly recommend it to everyone who is looking for a comprehensive yet very accessible approach to Advaita. Every page is alive with insight, encouragement and inspiration, which is what I want when the "road winds uphill," as it frequently appears to do. I don't care for writing book reviews, I'm a reader not a writer, but I feel privileged to make a rare exception for The Book of One. Thank you, Dennis Waite. Dennis Waite follows the Direct Path school of Advaita, being particularly influenced by Francis Lucille. He teaches Spiritual Advaita in Bournemouth, England, and has also written The Seeker's Essential Guide to Sanskrit. Country of Publication. United Kingdom. Subject. Religion: Comparative, General & Reference. Imprint. O Books.

Advaita has a guru-disciple tradition stretching back for several thousand years and can guarantee the sincere seeker a progressive path to self-realization. A 21st Century treatment of this ancient eastern philosophy, this book addresses all of the issues that are covered by both traditional teachers from the lineage of Shankara, and by modern 'satsang teaching' and Direct Path methods stemming from Ramana Maharshi and Krishna Menon. Topics are explained in an accessible and readable manner, using amusing quotations and stories along with an abundance of metaphors from a wide variety... "The Book of One' takes the reader step by step on an intellectual inquiry into the truth of oneself. It provides a critical examination of the meaning and purpose of one's life". The Book Of One book. Read reviews from world's largest community for readers. Dennis Waite sees Advaita as the philosophy underlying most religions, including Christianity, though it is more usually associated with Hinduism. Its essence is summed up in its Sanskrit name, which essentially means there are not two things. The full title of the philosophy is Advaita Vedanta. Vedanta, derived from the scriptures which form the last part of the Vedas, me Dennis Waite sees Advaita as the philosophy underlying most religions, including Christianity, though it is more usually associated with Hinduism. Its essence is summed up in its Sanskrit name, which essentially means there